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Tuesday, August 22, 2017 metro.us | t: MetroNewYork | f: MetroNewYork

NEW AFGHANISTAN STRATEGY

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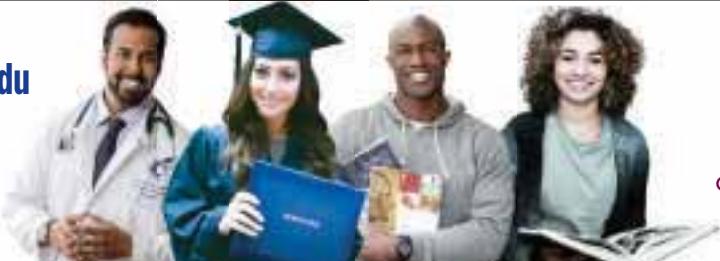
Everything you need to know about the state of DraftKings, FanDuel and season-long fantasy football. 4



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ERIN TIERNAN, WEB REPORTER

Good morning! We hope you enjoyed the solar eclipse yesterday, but not the way that Trump did. He ignored warnings from NASA and stared up at the sun without any eye protection. Aye aye aye! Find out more at metro.us/president-trump.



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J&J ORDERED TO PAY \$417M OVER TALC CANCER RISKS

1 A California jury ordered Johnson & Johnson to pay \$417 million to a woman who claimed she developed ovarian cancer after using the company's talc-based products like Johnson's Baby Powder for feminine hygiene. The Los Angeles Superior Court jury's verdict in favor of California resident Eva Echeverria was the largest yet in lawsuits alleging J&J failed to adequately warn consumers about the cancer risks

of its talc-based products. "We are grateful for the jury's verdict on this matter and that Eva Echeverria was able to have her day in court," Mark Robinson, her lawyer, said in a statement. The verdict included \$70 million in compensatory damages and \$347 million in punitive damages. It was a major setback for J&J, which faces 4,800 similar claims nationally and has been hit with over \$300 million in verdicts by juries in Missouri.

SPANISH POLICE KILL BARCELONA ATTACKER

2 Spanish police shot dead a man they suspect was the Islamist militant who drove a van into a Barcelona crowd last week, killing 13 people. Ending a five-day manhunt, police tracked 22-year-old Younes Abouyaaqoub to a rural area near Barcelona. They said they shot him after he held up what appeared to be an explosives belt. Police gave few immediate details of the incident in Subirats, saying they had called

in a bomb squad to approach the man's body after gunning him down. Abouyaaqoub had been on the run since Thursday evening, after he drove at high speed into throngs of people strolling along Barcelona's most famous avenue, Las Ramblas, in Spain's worst militant attack in over a decade. Islamic State claimed responsibility and police believe the attack was planned by a dozen accomplices.

SOLAR ECLIPSE IN NYC

3 People watch the solar eclipse at Liberty Island on Monday. While New York was not in the path of totality for the solar eclipse, around 72 percent of the sun was covered by the moon during the peak time of the partial eclipse.

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TEXAS SCHOOL REMOVES CONFEDERATE STATUES

4 The University of Texas at Austin removed four statues tied to the Confederacy from its campus early on Monday morning, saying they had become symbols of white supremacy at a time of protests and fierce debate about race and the legacy of America's Civil War. White nationalists rallied earlier this month against proposals to take down a similar statue

in Charlottesville, Virginia, and one woman was killed when a man crashed his car into a crowd of anti-racism counterprotesters. The violence triggered the biggest domestic crisis yet for President Donald Trump, who provoked anger across the political spectrum for not immediately condemning white nationalists and for praising "very fine people" on both sides of the fight.

SAILORS MISSING AFTER US SHIP, TANKER COLLIDE

5 Ten U.S. sailors were missing after a collision between a destroyer and a tanker near Singapore, the second involving a U.S. warship and a merchant ship in Asia in about two months, triggering a fleet-wide probe of operations and training. The guided-missile destroyer John S. McCain and the tanker Alnic MC collided while the warship was heading to Singapore for a routine port call. The collision tore a hole

in the warship's waterline, flooding compartments that included a crew sleeping area, the U.S. Navy said. "Initial reports indicate John S. McCain sustained damage to her port side aft," it said in a statement. "There are currently 10 sailors missing and five injured." U.S. Defense Secretary James Mattis said Chief of Naval Operations Admiral John Richardson would conduct a broad investigation into U.S. naval operations after the collision.

FAST FACT

Each year, the C.S. Mott Children's Hospital National Poll on Children's Health asks a sample of adults to identify health topics that are a "big problem" for children and teens.

Bullying/cyberbullying 61%

Not enough exercise 60%

Unhealthy eating 57%

Drug abuse 56%

Internet safety 55%

Source: C.S. Mott Children's Hospital



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DraftKings, FanDuel, fantasy sports ready for a monster 2017 NFL season

The latest on the fantasy sports industry.



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A merger between DraftKings and FanDuel, the two biggest daily fantasy sports companies in the United States, was thought to be a slam dunk deal earlier this year. In June, however, the Federal Trade Commission put an abrupt halt on the potential merger — citing anti-trust concerns. If the two companies had merged, they would have owned 90 percent of the daily fantasy market in the U.S.

Scared off by more potential days in court, DraftKings — based in Boston — and FanDuel — based in New York — agreed to instead remain competitors — and suddenly, the heated daily fantasy war is back on.

In addition, DraftKings co-founder and Chief Revenue Officer Matt Kalish told Metro that the merger being back on the table anytime soon is not happening.

“It’s over with,” Kalish said. “We’re not pursuing a merger with FanDuel at all anymore. Our team has turned the page and we’ve moved on.”

Had a merger occurred, DraftKings CEO Jason Robbins was in line to become the CEO of the new combined company. FanDuel CEO Nigel Eccles was going to be put in the chairman position of the company, but was not going to be involved in day-to-day operations. Instead, Eccles is now back in the business of trying to be one step ahead of Kalish and Robbins.

Eccles and FanDuel this month shut down its site in the United Kingdom in order to focus on its bread and butter — American football.

“As we approach the NFL season, we are allocating all of our resources toward ramping up a U.S. product that consumers love and building out complementary fantasy sports products,” Eccles said (via The Independent — Ireland). “There are over 53 million people playing fantasy sports in the U.S. and we are investing all of our resources on that market.”

Return to glory? Two years ago at this time, you couldn’t go one commercial break on ESPN without seeing a 30 second spot from either DraftKings or FanDuel. The two companies were at each other’s throats

Everything you need to know

Season-long fantasy football remains the most popular fantasy sport in the United States. Here’s a look at season long and daily.

1 The way it works is you get a group of 10-12 friends together and you “draft” players prior to the start of the NFL season.



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2 You typically draft a quarterback, three wide receivers, two running backs, a tight end, a kicker and a defensive team.



3 Based on player stats in NFL games each week, you can either win or lose against your friends in head-to-head matchups.



GETTY IMAGES

4 Daily Fantasy leagues like DraftKings and FanDuel offer you the chance to do a weekly do-over. You can draft your team’s players each week before the NFL games. You typically can’t take all A-plus players though, as each player is designated with a price tag. You must fit all your players under a “salary cap.”

for gamers and dollars, and it resulted in one of the biggest advertising battles in the history of U.S. television.

Just because that was the peak of advertising, though, doesn’t mean that it was the peak period for the industry. Kalish and DraftKings insist that they’ve never been more popular.

“I think it’s already well past where it was two years ago,” Kalish told Metro. “We’ve been growing at a 30 percent clip, year after year. We have more users than ever. We have more players playing more contests than we’ve ever had. So the idea that 2015 was the peak point is not accurate. I think there was a lot of buzz around the industry then, because I think a lot of people were learning about it for the first time.

“We will be running a certain amount of advertising during football season because that’s our peak acquisition period, but it won’t be like it was two years ago. There will be a small window where we run a good amount of advertising — the first few weeks of the football season are very strong. So we’ll be in the market, but it won’t be anything like 2015 was. It will be a much more reasonable

level that makes sense for our company.”

Adapt or die

Both DraftKings and FanDuel are introducing new gaming options for the 2017 NFL season. DraftKings is offering contests in which there is no player salary cap like the way the traditional daily fantasy games work. Instead, users can pick players in “pick ‘em” mode as users are asked to select players from “tiers” of available players.

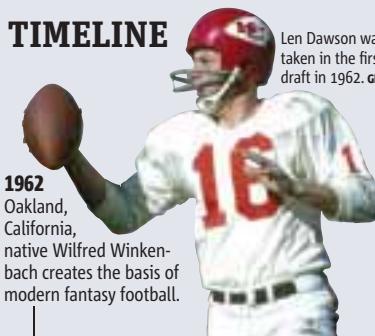
FanDuel, meanwhile, is going back to the future and is now offering season-long fantasy leagues.

Not just football

While the NFL season remains, far and away, the most lucrative time of year for DraftKings and FanDuel — there are some niche sports that have begun to thrive in the daily fantasy world.

“PGA tour golf is up 50 percent over last year,” Kalish told Metro. “It lends itself perfectly for fantasy. NASCAR and UFC are very popular. These sports have big events that are a lot more scarce, they’re not even weekly — so when the events come around players get really excited about them. It’s something different and new.”

TIMELINE



Len Dawson was one of the QBs taken in the first-ever fantasy draft in 1962. GETTY IMAGES

1962
Oakland, California, native Wilfred Winkenbach creates the basis of modern fantasy football.

1962



2009: Daily Fantasy Sports site FanDuel is launched.



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2014: An estimated 33 million people play fantasy football.

December 2015:
States consider regulation of DraftKings and FanDuel.

2017: Merger between DraftKings and FanDuel fails



2017

1997: CBS launches the first free fantasy football website.



2012: Daily Fantasy Sports site DraftKings is launched.



September 2015:
DraftKings and FanDuel engage in an unprecedented advertising war.

GRAPHIC BY JACLYN GABLER, MATT BURKE, METRO

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City announces more security measures for upcoming J'Ouvert parade

The changes come after two consecutive years of fatal shootings at the annual Caribbean street party in Crown Heights, Brooklyn.

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After changing its start time and adding weapon and alcohol screenings for attendees, city officials on Monday announced more security measures for the upcoming J'Ouvert Celebration in Brooklyn.

The latest changes to the annual Caribbean street party in Crown Heights, which will begin at 6 a.m. instead of 4 a.m. this year, include closing the formation area and

parade route the night before the Sept. 4 event and upping uniformed police presence by 10 percent over last year.

Additionally, officials said that light towers will be at each of the 12 secure entry points along the two-mile parade route, and there will be 30 percent more towers than last year along the route as well as extra high-resolution NYPD security cameras.

These enhanced security measures come after two consecutive years of fatal shootings at J'Ouvert.

Last year, 22-year-old Tiarah Poyau and 17-year-old Tyreke Borel were killed by gunfire, while Carey Gabay, a 43-year-old former aide to New York Gov. Andrew Cuomo was fatally shot at the event the year before.

J'Ouvert, which means

"daybreak," is organized by J'Ouvert City International, which joined forces with the NYPD and other city officials "under one collective voice to ensure that we have a smooth and enjoyable 2017 J'Ouvert celebration," its president Yvette Rennie said. "Our J'Ouvert is art, culture and self-expression through an artistic format showcasing the history of our ancestors, which has been taking place on streets of Brooklyn since 1984."

Parade formation will be located on Flatbush Avenue from Grand Army Plaza to Empire Boulevard. The route will travel south on Flatbush Avenue, east on Empire Boulevard and south on Nostrand Avenue to Midwood Street.

The Mayor's Office to Prevent Gun Violence and the City Crisis Management System will also



The city announced its latest security measures for Sept. 4's J'Ouvert parade after two straight years of fatal shootings at the Caribbean culture celebration. [FACEBOOK//OUVERT CITY INTERNATIONAL](#)

provide violence prevention services during both J'Ouvert and the West Indian Day Parade, which also takes place in Brooklyn on Sept. 4.

Those efforts include

deploying highly visible "Violence Interrupters," often former gang members, who will de-escalate street disputes and distribute education materials to at-risk individuals,

identify "hot spot" areas on the route and other measures to stave off violence.

Additionally, backpacks and large bags will be prohibited.

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Costumed revelers ride an antique subway train during a "Vintage Tea Party" hosted by Levy's Unique New York tour group December 13, 2009. GETTY IMAGES

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NYC has the legal right at any time to take back control of its assets; this includes the subway and most of the bus system.

To understand today's New York City subway crises, you have to go back to the beginning. The original BMT (Brooklyn Manhattan Rapid Transit – today's B, D, J, M, N, Q, R and Z lines) and IRT (Interboro Rapid Transit – 1, 2, 3, 4, 5, 6, 7, Franklin Ave. and Times Square shuttles) subway systems were constructed and managed by the private sector with no government operating subsidies. Financial viability was 100 percent dependent upon fare-box revenues.

In 1920, automatic coin-operated turnstiles were first introduced on the Lexington Avenue subway. This began the elimination of ticket collection employees.

Until the 1960s, most subway stations had clean, safe, working bathrooms with toilet paper. Revenues generated from a 10-cent fee helped cover the costs. It was common to find both penny gum and 10 cent soda machines dispensing products at many subway stations.

In 1996, Metro Cards were introduced which provide free transfers between the subway and bus. This eliminated the old two-fare zones making public transportation an even better bargain.

Today, Gov. Andrew Cuomo is serving as the hired superintendent running the MTA hired by NYC, who is actual landlord or owner of NYC Transit buses and subways.

All have long forgotten that buried within the 1953 master agreement between the City of

LARRY PENNER

Analysis

Larry Penner is a transportation historian and advocate who previously worked 31 years for the U.S. Department of Transportation.



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All have long forgotten that buried within the 1953 master agreement between the City of



The Myrtle Viaduct, which will undergo a complete reconstruction starting Sept. 2, has seen daily service since it was built in 1913. MTA

MTA: Phase 2 of M train work begins Sept. 2

The second part of the \$163 million project, which will focus on the tracks above the Myrtle Viaduct, will start Sept. 2, the day after Phase 1 is complete.



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The two-month M train shutdown that began July 1 is on track to be completed as scheduled on Sept. 1, allowing the second phase of rebuilding a vital transit stretch in Queens to start the following day.

The first phase rebuilt the 100-year-old Fresh Pond Bridge, which crosses over tracks for the New York and Atlantic Railway and gives access to storage yards for subway cars.

The second and final phase of the M line work will reconstruct the Myrtle Viaduct, a 310-foot-long structure between the Myrtle Avenue J/M/Z and Central Avenue M stations that has been used daily since it was built in 1913.

As part of that infrastructure work, a concrete deck and safety walkways will be built, and a new third rail, low-vibration tracks, steel supports and drainage will be installed.

Because the existing viaduct will be completely demolished, all train service on it will be suspended over the course of construction, which is slated to end in the spring.

"Without rebuilding the Myrtle Viaduct and the Fresh Pond Bridge, we would not be able to continue to run M trains safely because the deteriorating condition of these

structures is getting to a point beyond what our crews can fix during routine maintenance," said Ronnie Hakim, the MTA's managing director.

How will M service be affected by the Myrtle Viaduct reconstruction?

M trains will run in two parts starting Sept. 2:

- Locally between Broadway Junction and Forest Hills-71st Street on weekdays.
- As shuttle service between Middle Village-Metropolitan Avenue and Myrtle-Wyckoff Avenues, stopping at Middle Village-Metropolitan Avenue, Fresh Pond Road, Forest Avenue, Seneca Avenue and Myrtle-Wyckoff Avenues. During the day, the shuttles will run every 10 minutes, and every 20 minutes overnight.

To get to the Myrtle Avenue J/M/Z station, straphangers can switch to the L or free shuttle buses at Myrtle-Wyckoff. MetroCard customers who opt for the buses will not have to pay twice to re-enter those stations.

While service to Knickerbocker Avenue and Central Avenue will remain suspended during the second phase of work, free shuttle buses will be provided to Myrtle-Wyckoff Avenues and Myrtle Avenues for the L/M and J/M/Z trains, respectively.

For commuter convenience at the affected stations and shuttle bus stops, MTA workers will be available.

As roughly 60,000 New Yorkers rely on the M every weekday, the MTA created a website regarding the reconstruction project. It can be found at web.mta.info/nyct/service/MyrtleAvenue.

POLITICS

Trump pushes to refocus strategy in Afghanistan and end nation-building

On Monday night, President Trump delivered a prime-time speech in which he argued for a retooled strategy for the ongoing U.S. military action in Afghanistan and put forth his argument that micromanagement from Washington, D.C., was a detriment to U.S. military campaigns abroad.

"We are not nation-building again. We are killing terrorists,"

the president said, adding that he would not specify troop levels or dates of withdrawal, as he views such information as aiding the enemy.

In June, Trump authorized Secretary of Defense James Mattis to send an additional 3,900 troops to Afghanistan, The New York Times reported. That option has not yet been carried out.

"The consequences of rapid exit are predictable and unacceptable," Trump stated,

elaborating that in the absence of the U.S. military, Afghanistan would become a vacuum that could act as a safe haven for terrorists, as some analysts believe happened in Iraq with the rise of ISIS. "We cannot repeat in Afghanistan the mistakes we made in Iraq."

Trump stated that the U.S. presence in Afghanistan was crucial in the ongoing fight against terrorists.

"They are nothing but thugs and criminals and predators

and, that's right, losers. We will defeat them and defeat them handily," Trump stated, admitting that his "original instinct was to pull out."

To assist with the military's goal of defeating radicals, Trump said he would pressure Pakistan to further partner with the U.S., stating, "They are housing the very terrorists we are fighting. ... That will have to change, and that will change immediately."

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Church shows support for Guatemalan mother facing possible deportation

An undocumented immigrant with 3 kids who are U.S. citizens was told she must leave after 13 years in the country.

AMY RUSSO
@MetroNewYork
letters@metro.us

A service was held at a Manhattan church Sunday in solidarity with an undocumented Guatemalan immigrant who

may be facing deportation.

Thirteen years ago, Amanda Morales arrived in the U.S. and has three children, all of whom have U.S. citizenship. However, immigration authorities suddenly

told her last week that she could not stay.

Elected officials and others came together in Washington Heights at Holyrood Church to create a sanctuary space for Morales and offer support as she waits to find

out about her future.

"It's like sending out a message that 'We are here with you. You're not alone,'" Father Luis Barrios told NY1. "That's where we are at this moment, because she's waiting on standby. What's going to come out, no one knows."

Now the push to protect Morales isn't just spiritual; it's political, too, and action has been planned.

"We're putting a

prayer out on behalf of Amanda and all undocumented individuals that we have in this nation, hoping that it will help for the members of ICE to open their hearts," local Council Member Ydanis Rodriguez said, according to NY1.

On Monday, members of the church's congregation as well as local leaders went to Federal Plaza to tell authorities to end attempts to deport Morales.



A service was held in Washington Heights at Holyrood Church. PHOTO VIA WIKIMEDIA COMMONS



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STATEN ISLAND

Italian visitor caught in cross-fire of Staten Island shooting

A traveler from Italy never imagined his trip to a museum would result in a gunshot wound.

Shots were fired Sunday around 1 p.m. when Marino Stocco, 57, was sitting on a bench at Jersey Street and Crescent Avenue.

"I heard 'pow, pow, pow!' I thought it was, like, some fireworks or whatever. So when I bend down and look out the window, I see a lot of kids running," local resident Tysnon Adams told ABC7.

According to police, Stocco wasn't a target; he was simply

in the wrong place at the wrong time. He is in the city on a temporary work visa and was about to visit a nearby museum on Tompkins Avenue when the chaos began.

Authorities said Stocco had seen two individuals running just before the time he was shot. By then, Stocco was already making his way to the museum, unaware he'd become the victim of the violence. It was reported that several shots were fired.

Stocco was treated at an area hospital for the injury, which was not life-threatening.

AMY RUSSO



A Staten Island shooting injured a bystander. PHOTO VIA MAX PIXEL

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The Trumps go on so many trips, the Secret Service can't afford it

Large family's frequent travel is making protecting them a challenging job.



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Secret Service swarms around then-presidential candidate Donald Trump in March 2016 after a bottle was thrown on stage during a rally in Vandalia, Ohio. GETTY IMAGES

The Secret Service is running out of money and can't pay hundreds of agents needed to cover President Donald Trump and his large family, largely due to their frequent foreign and domestic travel.

Following the election season, officials were hopeful the agency's workload would normalize after the inauguration, but Trump's constant weekend trips, his family's frequent business trips and the number of people the Secret Service is charged to protect has proved challenging.

"The president has a large family, and our responsibility is required in law," Secret Service Director Randolph "Tex" Alles told USA Today.

Of the Secret Service's 6,800 agents, some 1,000 have already hit their annual pay caps for overtime and allowances and cannot be paid any more money even if they are

willing to work additional hours, as pay caps are federally mandated.

Under Trump, the Secret Service is protecting 42 people — a number that includes 18 family members. That's up from 31 during the Obama administration.

Since taking office, Trump has gone away nearly every weekend. He has taken seven trips

to his Mar-a-Lago estate, traveled to his Bedminster, New Jersey, golf resort five times and even returned to Trump Tower in New York City once.

The jaunts to Mar-a-Lago cost a whopping \$3 million each, according to estimates based off of a General Accounting Office review of similar travel costs incurred by

former President Barack Obama. The Secret Service has spent more than \$60,000 in golf cart rentals so far this year to follow Trump around on the links.

Besides Trump, wife Melania and youngest son Barron, Trump's other adult children also have full-time security details that are costing the country a small fortune.

Trump's eldest sons Eric and Donald Jr., both based in New York, have traveled to the United Kingdom, the Dominican Republic, Canada and even Dubai since coming under protection. A single trip to Uruguay by Eric Trump cost the Secret Service about \$100,000 in hotel rooms alone.

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Why Knee Arthritis Sufferers Of Almost All Ages Are New York Doc's Merge Best of High Tech

Fraction of the cost, minimal risk and

Hundreds of arthritis sufferers from tri-state area calling weekly

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted the clinic director at the **NY Pain MD** in New York City. *"The same holds true for treating arthritis pain. I believe we are having so much success at NY Pain MD because of two factors: One is we are using advanced medical technology and treatments many clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid knee replacement surgery is doing the correct treatment as soon as possibly"*

What is the "correct treatment?"

"That depends," said the director. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," added the director.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby a preparation of Hyaluronic acid a gel-like FDA approved medicine is applied directly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplementation gets the best results and is so important for avoiding surgery.

The director believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at **NY Pain MD** use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Precision Arthritis Targeting Technology and did not get good results - this may be why.



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.



Normal Pain-Free Knee Joint

Everyone Wants Proof:

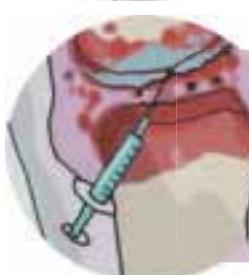
In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Knee With Painful Arthritis

Pain -

Illustration shown is a knee joint with painful osteoarthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging Failed Treatment -

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



Lubrication Medicine Injected Directly Into Knee Joint Like "Joint Oil" using Precision Targeting Technology

Successful Treatment -

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

Choosing Newest Medical Procedures Before Surgery With Medicine And All Natural Treatments

little to no downtime amongst top reasons.

to find out if treatment is right for them...Often covered by insurance.

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the 2 1/2 years thousands of knee pain sufferers have flocked to the **NY Pain MD** New York City

That's when their specially trained-doctors added cutting-edge arthritis treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like "joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

When introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use "Precision Arthritis Targeting Technology". This allows us to place the Viscosupplementation exactly where it needs to be. Studies show doctors doing joint injections without Technology can miss the joint up to 30% of the time." noted the Director of Center

NY Pain MD is a state of the art medical facility offering the best technology.



Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluoroscopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. **NY Pain MD** uses this P.A.T. Imaging Technology, with each and every treatment.

And that's not all :

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added the director.

How To Find Out If It Can Help You?

If you have knee pain, the **NY Pain MD** doctors would like to invite you for a no-obligation screening to see if you are a candidate for their treatments using *Precision Arthritis Targeting Technology*.

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*EZ payment plans and financing also available

All you have to do is call 800-885-KNEE (5633) right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The doctors at **NY Pain MD** can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

And here's something really important - Viscosupplementation treatments are covered by most insurance, union plans and even medicare. To schedule your no obligation screening or if you have any questions:

Call: 800 885 KNEE (5633)

Are You Qualified For Knee Arthritis Screening With **NYC Pain MD**?

- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDS and other anti-inflammatory medications without success?
- Have you already tried viscosupplementation (Hyalgan, Supartz, Synvisc) without satisfactory results?

If you answered yes to any of these questions

- give **NY Pain MD** a call and schedule your no obligation knee pain screening

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Is Joss Whedon a hypocrite?

Talk about a bad feminist. ALL PHOTOS
GETTY IMAGES



Joss Whedon — supposed champion of women who brought us "Buffy" — is maybe a bad dude. At least according to this scathing essay written by his ex-wife, Kai Cole.

In a blog post for The Wrap, Cole details infidelities and shenanigans abound during their 16-year-marriage, and

calls him a "hypocrite preaching feminist ideals."

Apparently, Whedon claimed he was a feminist, but essentially used that as an excuse to creep on women.

"I believed, everyone believed, that he was one of the good guys, committed to fighting for

women's rights, committed to our marriage, and to the women he worked with... But I now see how he used his relationship with me as a shield, both during and after our marriage, so no one would question his relationships with other women or scrutinize his writing as anything other than feminist." Damn, Cole! Hot take!

Here's the question though — will it actually make a difference in his career? I mean, I guess we'll see. But I'm not exactly hopeful.



the word

RACHAEL VAUGHAN CLEMONS

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rachael.clemons@metro.us

in the running, and it's me! I've got a degree, some pretty classic anxiety issues, and you can say that I think I'm better than other people because I live in a town full of garbage that people call "quaint." (It's Brooklyn. I live in Brooklyn.) Also, I wear glasses to trick people into thinking I'm smart, so yeah. I think I'm good enough for "The Bachelor."

Now bring that salt-and-pepper Prince Eric to me or else!

with Rachel, it didn't give you that glowing feeling of, 'Hey, this guy is ready for another chance at love.' It would be really hard to spin that."

Well, spin this, "Bachelor" producers: there's another black Rachael

Jay Z would like to clarify elevator-gate

Jay Z would like to make sure you know that he and Solange are tight. Oh, and also? The only time they have ever disagreed was the aptly named elevator incident — you know, that time when she kicked him in the elevator after the Met Gala. Just so



Methinks the sir doth protest too much.

we're on the same page.

Jay says that the 2014 elevator fight was just, you know, standard family drama. "We had one disagreement ever. Before and after, we've been cool," he said in a recent interview. "She's like my sister. I will protect her." Uh, protect her from what? Also, it seems like you were the one who needed protection, but mmmkay.

"We've always had a great relationship," Beyoncé's husband added. "I fought my brothers and argued with my brothers my whole life. It just so happens, who we are, these things go into a different space. But it ain't nothing." OK, sure, whatever. I'm just not buying it, but whatever helps you sleep at night, my dude.

Please make Peter the next Bachelor

There's a rumor going 'round that "Bachelor-ette" runner-up Peter Kraus may or may not be the next Bachelor. If this is true, hear my cry: I definitely don't have the temperament for reality television, but I will absolutely audition for the show.

Host Chris Harrison recently talked about maybe choosing Kraus to People, saying "It's about choosing someone who will make a good Bachelor, good television and who we think is sincerely ready for this moment."

Harrison continued, "after seeing him be

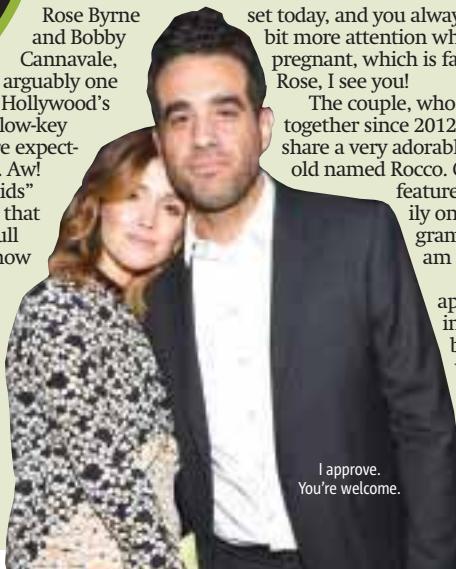


I deserve this.

Rose and Bobby are expecting another kid

Rose Byrne and Bobby Cannavale, arguably one of Hollywood's most low-key

couples, are expecting a second baby. Aw! The "Bridesmaids" actress confirmed that she has a uterus full of fetus — that's how that works, right? — in a recent interview with Australia's Jones publication. She dropped the news super casually, as one does. "I'm a little tired but feeling good. Everyone was very sweet on



set today, and you always get a little bit more attention when you're pregnant, which is fabulous." OK, Rose, I see you!

The couple, who have been together since 2012, already share a very adorable 17-month-old named Rocco. Cannavale features him heavily on his Instagram, for which I am thankful.

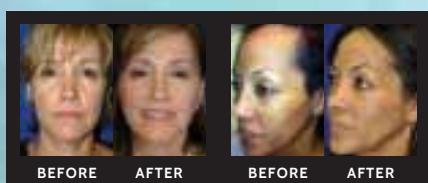
Also, they apparently live in a Brooklyn brownstone, which is just so authentic of them, you know?

Anyway, congratulations you two!



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Finn Jones talks DJing, 'Defenders' and Donald Trump

The "Iron Fist" actor thinks the president lacks compassion.

 MATT JUUL
@RunThejuuls
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Playing a superhero on TV can be a rough gig at times. Just ask "Iron Fist" star Finn Jones.

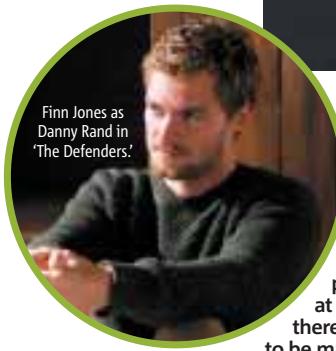
The 29-year-old actor is back as the kung-fu-kicking billionaire Danny Rand in Marvel's "The Defenders," which debuted on Netflix over the weekend. While it's been a fun role for the "Game of Thrones" alum, that doesn't mean he hasn't earned a few bumps and bruises along the way.

"The easiest way to describe it is I dislocated my hip," Jones tells Metro

of his nasty leg injury prior to filming the mini-series. "Also, I tore like a really deep muscle in my adductor. Because my hip was out of place, it wasn't healing correctly. That happened in 'Iron Fist' and I pretty much had that ongoing injury throughout 'The Defenders.'

Luckily, he was able to power through the pain in order to pull off his awesome martial-arts moves on the show. Ahead, Jones talks more about his "Defenders" experience, his secret musical side and his thoughts on the role of heroes in the Donald Trump era.

You've been spending a lot of time filming in New York. How's the Big Apple



treating you?
I live in Brooklyn and I f—king love this city, man. There's a reason why they call it the greatest city in the world. The thing I love about it the most is how much diversity there is here. There's such a mix of different cultures, peoples



Don't mess with Iron Fist and his pals.
ALL PHOTOS SARAH SHATZ/NETFLIX

and walks of life, but everyone is united under this sense of being a New Yorker.

Society has plenty of villains at the moment, but there doesn't seem to be many heroes. Does the real world need a superhero right now?
I think what the world desperately needs right now is better understanding. There's a lot of confusion, anger, emotion and ignorance. I think ignorance is the biggest problem. Moving forward, we really need to start listen-

ing to each other and we need to start reaching out our hands to help and understand rather than to fight. All of this conflict is just going to push us further and further down the road to destruction and chaos. It's not a good way to be.

We need to be compassionate. It can be really f—king difficult to be compassionate when we don't understand the other side of the argument. But we need to do that, because f—k me, the president isn't compassionate. If we haven't got that guy being compassionate, then we need to do it ourselves. We need

to stop getting caught up in the little things of the world. We need to start seeing the bigger picture. If we don't, it's going to be too late.

When you're not kicking butt on TV, you also make music. Should we expect DJ Iron Fist to bring the beats stateside anytime soon?

To be honest, I keep my music quite modest. I like to play alone, you know what I mean? Music is such a personal thing for me. It's not something I really like to merge with my acting world. But it's a huge passion of mine. Music means a lot to me.



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8 Burning questions from this week's 'Game of Thrones'

An episode heavy on emotion and light on plot — or making sense, at times.



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Never has an episode of television encouraged such a torrent of emotions as Sunday night's "Game of Thrones." This writer, for one, felt every single emotion in her small register. Which is mostly just a little horny and very sad.

Many, many things happened (RIP Viserion and Benjen bae) and most of them made little to no sense. Here are all the questions we have after watching "Beyond the Wall."

When is the Hound going to get over fire?
Listen, guy: your big brother stuck your head



Just an undead guy and his flaming sword hacking away at ice zombies. HBO

in the flames once as a child, and it was traumatic. Totally understandable. But it's been a long while now. And considering fire is the only thing that can save Westeros at this point, you're going to have to get over that cute lil' phobia and stop acting like a punk just because some guy with one eye is waving around his flaming sword.

This episode brought up Dany's ability to conceive a lot. Tyrion would like to know, thank you very much, who will be her successor; and she tells Jon that the dragons are like her children, because she can't have children. Is this just something she thinks, that could actually be false? It's pretty unclear!

How does Arya use these faces, really?

Before Sunday's episode, it seemed like Arya's face swapping was a matter of seriousness and skill. Now, it kind of looks like a murder-DIY gone wrong — this girl is legitimately keeping creepy lifelike masks in her knapsack, y'all.

Is Daenerys and Jon's romance hot or creepy?

This aunt and her nephew are really, truly falling in love! So much so that they even held hands after a close call with death! It's what one may call the real deal.

I mean, their blossoming love persevered even after Jon made the grave mistake of calling Daenerys "Dany" for no reason. He should know that people who give nicknames without permission are the worst kind of people, but whatever! Who said romance is dead?

Is the Night King mute?

The wights at least groan, like proper, well behaved ice zombies. But the Night King and his dudes never speak. Here's hoping by the end of the series run, he will finally speak — and Kristen Schaal's voice will go ringing through the air.

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- My toes aren't straight— they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoes I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen out of the frig.
- My feet are always dry and itchy— sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
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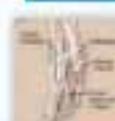
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Is Daenerys really barren?



Pig Island brings a little bit of everything you can make from pork to Erie Basin Park. **WALTER WLODARCZYK**

One last cookout

Soak up the final rays of summer with barbecue festivals and bacon cook-offs.



EVA KIS
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Pig Island

Back and bigger than ever, the "porktacular" festival that is Pig Island brings more than 25 chefs to the Brooklyn Waterfront for a day of open-air grilling. They'll be using heritage pork, so expect tons of flavors you've never experienced before in a day-long snout-to-tail feast from chefs including last year's winner Rodrigo Duarte, Clay Gordon (with a chocolate bacon fondue!), Jonathan Botta of Smoke Show and a crew from Toronto's Cherry Street BBQ. Plus lots of ciders, craft beers and an artisan spirits tent featuring New York state liquors, live music and more. Sept. 9, 11:30 a.m.-4 p.m., Erie Basin Park, Red Hook, \$75, kids under 12 free, eventbrite.com

All-Star Cookout

Brooklyn has made as much a name for itself on the city's food scene as Manhattan, and the annual Taste Talks series gathers some of its best chefs for a weekend of talking about why it's

better in Brooklyn, then putting their knives to use proving it. The highlight is always the All-Star Cookout, when 12 of the attending chefs — this year featuring Dale Talde, Frankie Cosmos and the Win Son crew — to cook up something fun to go with your two complimentary cocktails.

Sept. 10, noon or 2:30 p.m. entry, \$49, brooklyn.tastetalks.com

Queens BBQ Smokedown & Brew Fest

All that late-summer sunshine and eating are bound to leave you thirsty. Well, "beer" is right in the name of the second annual Queens BBQ Smokedown & Beer Fest, so expect it to flow freely (with admission) all day. Curated by the people behind LIC Flea & Food, champions of all things made in the borough, you can taste what's cooking in one of the city's fastest-growing neighborhoods while browsing its weekend market of vintage housewares, handmade clothing and crafts.

Sept. 10, noon or 2:30 p.m. entry, \$49, brooklyn.tastetalks.com

Pig Beach Guest Pitmasters

Gowanus' 13,000-square-foot backyard cookout is going all-season this

fall, after acquiring the building next door. The crew at Pig Beach are already all-star pitmasters themselves, but they occasionally turn their grills and smokers over to some other barbecue luminaries to bring some of the South to NYC. Coming up in the Guest Pitmaster Takeover series are Nashville's Peg Leg Porker BBQ (Aug. 23-24) and Martins BBQ (Sept. 13-14) and Q BBQ from Richmond, Virginia (Sept. 20-21).

480 Union St., pigbeachnyc.com

Brooklyn Bacon Takedown 2017

For the faithful who believe there's one part of the pig superior to all others, there is the Brooklyn Bacon Takedown 2017. Instead of restaurants, the Takedown series pits home cooks against each other for glory (and some sweet prizes). If you think you've got what it takes, entries are still being accepted for the Sept. 24 competition (and come with 10 pounds of Cheshire pork to perfect your bacon strategy), or just come to the hallowed Bushwick grounds of Arrogant Swine to help decide the next Bacon King of Brooklyn.

Sept. 24, 2-4 p.m., 173 Morgan Ave., \$20, brownpapertickets.com

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Mushrooms, an overlooked superfood

Chemist Tero Isokauppila talks us through the many health benefits of fungi.



KATE MOONEY
@yatinybrooklyn
kate.mooney@metro.us

You've heard all about kale, turmeric and moringa. But did you know that mushrooms are also a superfood? The umami-rich fungi have many health benefits, from improving skincare to reducing anxiety. It all depends on which type of mushroom and how you prepare it.

Tero Isokauppila, chemist, plant nutritionist, mushroom forager and author of the forthcoming book "Healing Mushrooms: A Practical and Culinary Guide to Using Mushrooms for Whole Body Health," out in October, talks us through the healthiest 'shrooms we should be incorporating into our diet. Also the founder of Four Sigmatic, a company that sells mushroom elixirs, coffees, teas and more healthful concoctions, Isokauppila gives

us tips on how to best harness the power of the superfood.

The science of functional mushrooms

Beyond being a good source of fiber, protein and vitamins, our fungal friends also have healing properties — depending on which kind. Isokauppila clarifies that certain mushrooms are "functional," meaning they contain medicinal properties. Some that fall into that category you've likely heard of — enoki, shiitake, maitake, oyster mushrooms — while others are more obscure — cordyceps and chaga and reishi. While they all can be used in cooking, some mushrooms, such as chanterelles, morels and cremini, don't provide the same medicinal benefits and are strictly culinary.

Mellow mushrooms to treat anxiety

One of the healthiest mushrooms, reishi, is known as "queen of the mushrooms" and has been used in traditional Chinese medicine for centuries. It's a powerful adaptogen, meaning

Mushrooms have medicinal properties, aiding in immunity, cognitive function, gut health, skincare, weight loss and stress reduction. iSTOCK



wellbeing

it helps the body fight stress and bolster immunity, Isokauppila explains. As far as consuming it, reishi is typically made into an extract and dissolved in liquid form. Four Sigmatic sells a stress reducing reishi hot cocoa.

Oyster mushrooms, which you can enjoy more traditionally in soups and stir-fries, are

chockful of B vitamins, which help calm you, release serotonin and also improve the skin.

Antioxidants and immunity

The king to reishi's queen would be chaga, Isokauppila says, which is one of the highest sources of antioxidants of any food in the world. Antioxidants in chaga

help with skin and hair health, immunity and contain cancer-fighting compounds.

Because chaga is naturally bitter, Isokauppila recommends first trying it as an extract in coffee or chocolate, bitters that our palette is already accustomed to.

Weight-loss

You're likely familiar

with shiitake and maitake mushrooms, a popular culinary choice in Asian cuisine. Maitake aids in weight-loss because it stabilizes blood sugar and improves digestion, Isokauppila explains, as does shiitake, because it helps detox the liver and lower cholesterol.

Cooking with mushrooms

According to Isokauppila, you really shouldn't eat mushrooms raw — more than just because they taste so much better cooked. "Mushrooms are not bioavailable raw," he explains. "They need heat and lipids to unlock the health benefits." The process of heating can also remove toxins.

If you'd like to enjoy in a tea or chocolate, you'll have to use a tincture. You can make one on your own or purchase mushroom extracts at Whole Foods or other natural product stores.

Alcohol can help extract the nutrients, too. Visit Metro.us for Isokauppila's "Corydrex on the beach," recipe, which mixes cordyceps extract with vodka and fruit juice.

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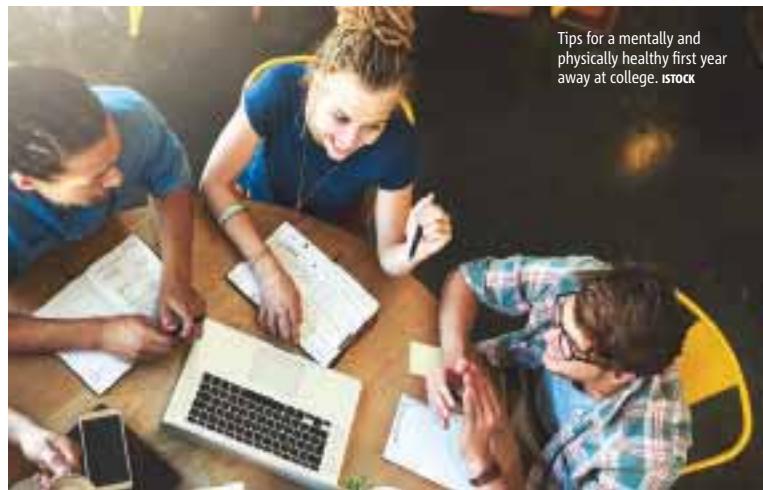
Going away to college is a rite of passage in a young adult's life. In addition to embarking on four years of study, students are forming new relationships (friends, classmates, professors, roommates and romantic partners) and discovering new interests. And away from the watchful eyes of parents, students begin to learn the art of "adulting" — managing their own time and looking after their own physical health and well-being.

While this new phase of life can be exhilarating, it's not without challenges. Being on your own for the first time can be a shock to the system, adding homesickness, loneliness and stress on top of 15 credits of coursework. We asked Dr. John Steever, the director

of special programs at Mount Sinai Adolescent Health Center and assistant professor of pediatrics at the Icahn School of Medicine at Mount Sinai, for some advice for students undergoing this exciting and sometimes turbulent time.

Which vaccines are important for college students to have before heading to campus?

The most important vaccines are the meningitis vaccine for A,C,Y and W (menactra or menveo), the meningitis vaccine for B (Bexsero), a tetanus booster (e.g., Adacel), the HPV vaccine series (e.g., Gardasil), the Hepatitis B series, the Hepatitis A series and documentation of either the varicella vaccine or history of chicken pox.



Tips for a mentally and physically healthy first year away at college. iSTOCK

Any health issues common to college-age students?

The most important health issues are around substance use/abuse, exposure to STDs including HIV, pregnancy prevention. Depression is important to monitor for. The stress of college can bring out self-injurious behaviors including cutting, suicide attempts and a flare of eating disorder behavior if the patient had previously struggled with those issues. Mono

and Meningitis are rare, but if a student is feeling sick, they should seek medical evaluation.

What about dealing with homesickness?

Dorm resident advisers should keep an eye out for students who aren't adjusting to dorm life and watch for excessive sadness that some may try to explain away by mere "homesickness," but is actually depression, which can be serious and can lead to suicide attempts.

What is important to know about staying healthy in a communal living situation?

Students should take standard health precautions. Avoid sharing of cups and intimate utensils, such as toothbrushes. Good hand-washing is always important to help prevent the spread of cough/ cold/congestion. Self-care is important with regular sleep, regular exercise and stress reduction.

SHEILA DOUGHERTY



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The Judge is not above the law

The Yankees slugger is trudging through a historic strikeout streak. But just how bad is it?

 JOE PANTORNO
@JoePantorno
joseph.pantorno@metro.us

You knew that New York Yankees slugger Aaron Judge's red-hot streak to start the season wasn't going to last forever.

But his recent slump has been rather alarming even though he is still leading the American League with 37 home runs.

Especially the strikeouts.

Judge has set a major-league single-season record with strikeouts in 37-consecutive games.

It also tied Major League Baseball's all-time record of most consecutive games with a punch out, which belonged to Bill Stoneman of the Montreal Expos.

Here's a further problem, though: Stoneman

was a pitcher.

Judge's inability to put the ball in play since just before the All-Star break (July 8) has killed any hope of a Triple Crown as his batting average and on-base percentage have taken a substantial hit.

Regardless, the Yankees have been able to stay competitive, going 21-16 in his 37-game nightmare.

Entering Monday night though, they trailed the Boston Red Sox by five games in the American League East race.

With just five weeks remaining in the season, Judge will have to get off the schneid if New York wants to maintain its spot in the playoff race.

The Bronx Bombers held a 2.5-game lead over for the top AL Wild Card spot after Sunday's loss.

But how has Judge's slump happened and why such a dramatic drop off?

Let's take a closer look with Metro Stats Session:

Metro Stats Session

AARON JUDGE 2017 STATS: FIRST 82 GAMES

.330 BA
30 HR
66 RBI
.448 OBP
104 K'S
59 BB'S



AARON JUDGE 2017 STATS: LAST 37 GAMES

.176 BA
7 HR
14 RBI
.335 OBP
63 K'S
31 BB'S



SINCE JUDGE'S SLUMP BEGAN ON JULY 8...

6

GAMES WITH 3 STRIKEOUTS

 In 13 MLB seasons, Joe DiMaggio had just one game in which he struck out three times.

48.1%

FREQUENCY IN WHICH JUDGE HAS STRUCK OUT (63 K's in 131 AB's).

38.4%

PLATE APPEARANCES IN WHICH JUDGE HAS PUT THE BALL IN PLAY

48 POINTS

JUDGE'S AVERAGE HAS DROPPED FROM .330 TO .282 IN LESS THAN TWO MONTHS

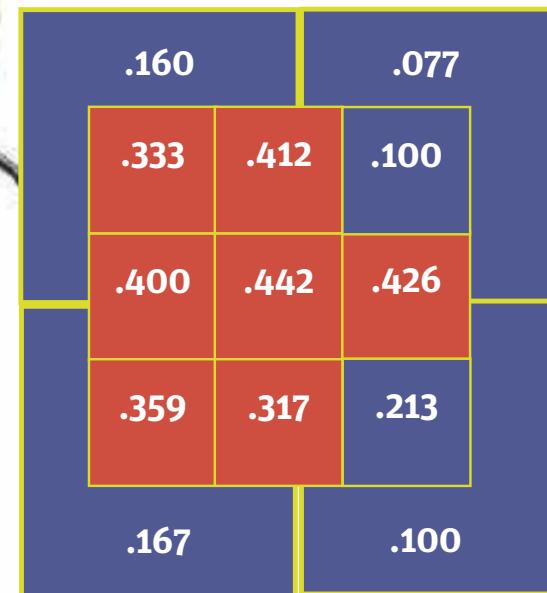
.351

SLUGGING PERCENTAGE IN THOSE 37 GAMES, BRINGING HIS SEASON TALLY TO .593.



How are pitchers going after Judge?

As the season progresses, pitchers are getting a better idea on how to attack Judge when he's at the plate. Here is his success rate when it comes to pitches in different parts of the zone.



Christian Hackenberg playing himself out of Jets starting job

The second-year quarterback out of Penn State has fallen flat in New York's quarterback competition this preseason.

OPINION

TONY WILLIAMS

@TBone8

Christian Hackenberg's first career NFL start was so bad that maybe the New York Jets should consider yet another "redshirt" season.

Yes, he's vastly inexperienced, having already had a "redshirt" season during last season's rookie campaign when he didn't take a single snap. And, yes, he was going against a frisky first-team Detroit Lions defense during his first half of action. And, yes, no other starter gave him any support.

But what Jets fans saw in Detroit on Saturday night sure looked like yet another failed Jets second-round pick.

Bryce Petty, long the forgotten man in this alleged two-man quarterback derby between Hackenberg and veteran journeyman Josh Mc-

Cown, played much better than the former Penn State star. And while it should be noted that Petty (15-of-24, 160 yards, and an interception) played almost exclusively against the Lions' backups, he showed far more poise, athleticism, and timing than the guy who initially leapfrogged him on the depth chart.

He also engineered the only points of the game for the Jets, something Hackenberg has yet to do at any point this preseason.

Against the Lions, Petty stood out, while Hackenberg was nearly laid out within his first couple of plays.

If Petty didn't already pass Hackenberg on the depth chart, he at least had to pull even in Todd Bowles' eyes.

The head coach still wasn't quick to give Petty praise for his work.

"He made some good throws, some good decisions, but we have to put the ball in the end zone," he said.

Bowles also almost gave Hackenberg a pass for his putrid performance.

"It's not a fair evaluation of the kid because he didn't get a chance on the couple of pass plays he had," he said. "There was



In the midst of a three-way quarterback battle, Jets quarterback Christian Hackenberg has shown that he cannot lead an NFL offense yet. GETTY IMAGES

a lot of pressure on him."

But to anyone who watched the Jets' 16-6 loss in Detroit, it's evident that Hackenberg may have just lost his shot at wresting away the presumed No. 1 spot from McCown.

Hackenberg went 2-of-6 for 14 yards and a 42.4 rating. He was sacked twice, fumbled once, and did not lead the Jets to any points. Four of his five drives were three-and-outs and he could only muster just two first downs.

Overall, his preseason has been a mitigating disaster, as he's yet to lead the Jets to any points in 13 possessions.

The Lions game was tough to watch from the onset. He was blasted on a sack that caused a fumble (the Jets recovered) and New York averaged just 2.2 yards per play with him in the game, netting 43 yards of total offense and minus-three yards passing when considering he was sacked twice for a loss of 17 yards.

That performance may have just played Hackenberg right out of the race, especially when considering the third preseason game is the customary "dress rehearsal" game where the starters play a bulk of the game.

McCown, who didn't play in the Lions game, has played just one series in the preseason, so he figures to see a lot of action next week against the Giants.

The grizzled vet may have just won the quarterback battle by default, regardless of what Bowles publicly states about the competition.

When asked following the game if it's safe to assume that McCown will be the opening day starter and that's why Bowles didn't need to play him against the Lions, the coach noted,

"Not at this point." Whether the coach is being coy or not is up for debate. But at the very least it appears that yet another second-round Jets draft pick may have fallen by the wayside.

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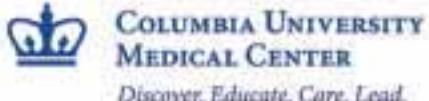
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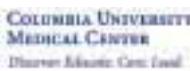
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Send resumes to: The Bank of East Asia Limited, Human Resources, 540 Madison Avenue, 10th Floor, New York, New York 10022.

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NOTICE OF SALE

SUPREME COURT COUNTY OF QUEENS, WILMINGTON SAVINGS FUND SOCIETY, FSB, DOING BUSINESS AS CHRISTINA TRUST, NOT IN ITS INDIVIDUAL CAPACITY, BUT SOLELY AS TRUSTEE FOR BCAT 2015-13ATT, Plaintiff, vs. RAKESH RANI; JEET SINGH, ET AL., Defendant(s). Pursuant to a Judgment of Foreclosure and Sale duly filed on February 22, 2017 at 10:00 a.m., Premises known as 80-47 251st Street, Bellrose, NY. All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Queens, County of Queens, City and State of New York, Block 8564 and Lot 46. Approximate amount of judgment is \$536,220.28 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index # 23624/12. Kerry Katsorhis, Esq., Referee Knuckles, Komosinski & Manfro, LLP 565 Taxter Road, Ste. 590 Elmsford, NY 10523 Attorneys for Plaintiff.

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Across

1 Physicist Nikola --
6 "Oh, gross!"
9 Rescued
14 Be of use
15 Bridal notice word
16 Serviceable
17 Earn
18 Wham!
19 Tie-dye cousin
20 Mexican Mrs.
21 Sonnet cousin
23 Tell a story
25 Done
28 Got mud on
29 Capt.'s heading
30 Hi-fi components
32 Put into words
36 Boundary
41 Feel sympathy for
42 Rudely sarcastic
44 Subtle glow
45 Shop items
47 Gave up hope
49 Plays with idly
51 Munich single
52 Piece of china
56 -- hangs a tale
60 Firm, as pasta (2 wds.)
62 Lisper's problem
63 Music category
65 Wolf-pack member (hyph.)
66 IRS payment

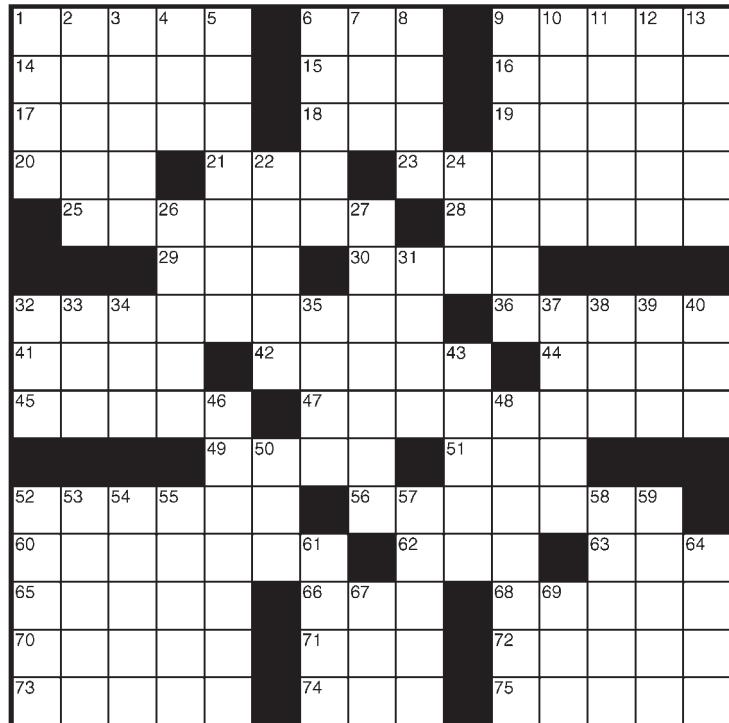
metro.us /games

Down

1 Soft caps
2 Turn inside out
3 Abraham's wife
4 Weeks per annum?
5 Pennsylvania coal town
6 Let float, as a currency
7 College maj.
8 Shaped with an ax
9 Privately (2 wds.)
10 Video-game pioneer
11 Very important
12 The upper crust
13 Faked out

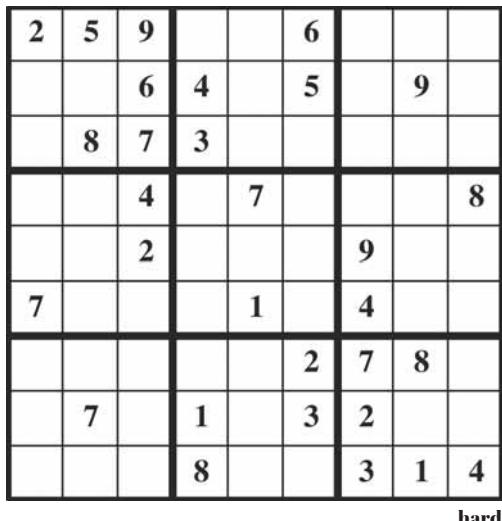
22 Pistol fights
24 Viper
26 Rise up
27 Foggiest
31 Pills, briefly
32 Dye container
33 Environmental prefix
34 Sorority letter
35 Memorial Day race
37 Orono's state
38 Clingy seedpod
39 Temper
40 Tiny amount
43 Triangular swords
46 Dwarfed
48 Fliers' performance
50 Cast a vote
52 Gibe
53 Pipe bend
54 Be crazy about
55 Stop
57 Put the whammy on
58 Prickly twig
59 Tales
61 Etc. relative (2 wds.)
64 Attention getter
67 Nabokov book
69 Rhea relative

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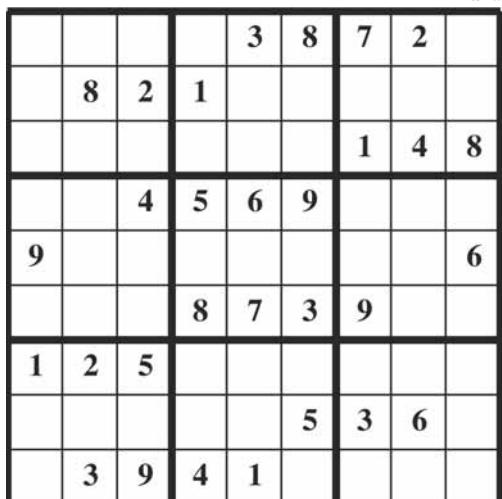


metro.us/sudoku

easy



hard



metro.us/horoscopes

Aries Be responsible for your actions. Offer to make reasonable changes if it will help keep the peace with someone you live or work with.



Taurus A steady pace and comprehensive plan will help you achieve your goal. Someone unique or unexpected will step up and offer valuable information or help.



Gemini An emotional situation will leave you questioning a certain relationship. Look for alternative ways to protect your status without compromising an important partnership.



Cancer Stick to the way you are used to doing things. If someone is being impulsive, don't follow suit. A sensible approach to life and entertainment will protect against loss.



Leo Embrace a challenge that requires energy, skill and endurance. You'll master whatever you try hard to achieve. Changes at home will turn out to your liking.



Virgo Partnerships are best dealt with fairly and diplomatically. Your intuition will help you make the right choice regarding someone who is dependent on you.



Yesterday's answers

| | | |
|-----------|-----------|-------|
| LOAFS | YOKEL | NCO |
| OWL | ERASE | ART |
| PETER | MAYAN | MAT |
| LABEL | IRENE | |
| RUFFIAN | SPEEDER | |
| ONIONS | STONE | |
| ODORS | WHITTLERS | |
| FUR | SAILS | DOC |
| SEDUCTIVE | ANIMA | |
| KOALA | GRACED | |
| AFFECTS | DORITOS | |
| SLOSH | REVEL | |
| COY | IMBUED | AGAPE |
| ORE | STEER | RULER |
| TAR | EVADE | SNIPE |

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tomorrow to
check your
answers? Visit
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Libra An emotional situation will trouble you. Don't share personal feelings or information with your peers. Take care of your responsibilities and tend to personal issues secretly.



Scorpio You'll instinctively know and understand what to do and the best way to reach your goal. Dismiss anyone trying to tempt you to do things differently.



Sagittarius Certain emotions will stand between you and the truth. Facts will be offered, but it's up to you whether to believe or ignore what you discover.



Capricorn Review your finances before you make a purchase or invest in something that has the potential to turn into a money pit. Only take on what you can handle.



Aquarius Gather information that will help you formulate the best way to deal with a financial or health matter. The more you know, the harder it is to be manipulated.



Pisces Be open-minded when asked to make changes to the way you do your job. Being reluctant to something new will make you seem difficult to get along with. **EUGENIA LAST**



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